



# ISBP CONFERENCE

2024

## A walk from trauma to thriving and joy



### UNDERSTANDING TRAUMA

Research from  
Psychological, Neurological,  
or Biological Perspectives



### THERAPEUTIC APPROACHES

Exploring Emotional  
and Body-Oriented  
Therapies for Trauma



### THRIVING BEYOND TRAUMA

Cultivating a  
Joyful Life After  
Trauma

**12. - 14. SEPTEMBER 2024**  
**PORTOROŽ, SLOVENIJA – EU**

# day 1

Thursday  
12.9.2024

## 8.30 – 18.00

- Registration (*from 14:00 check-in and accommodation at the hotel*)

## 10.00 - 12.00 (Pre-conference Workshop)

- Mountain-model in Bonding Psychotherapy: A Three-Dimensional Psychoeducational Mentalization-based Approach (Georg Hünig)

## 12.30 – 13.30 Lunch break

## 13.30 - 14.00

- Official greetings and opening of conference (Komatinsky, Polajner, Erce Paoli, Podgoršek)

## CHAIR

**Paul Komatinsky & Daniele Furlan**

## 14.00 - 14.45

- Introduction to the basic assumptions of bonding psychotherapy (Martien Kooyman)

## 14.45 - 15.30

- Holotropic breathing and trauma (Andrea Bühring)

## 15.30 - 16.00 Break

**Classic coffee break or break for pre-frontal cortex and body**

## 16.00 - 16.45

- “The four S” of human touch (Gigetto De Bortoli)

## 16.45 - 17.30

- The matrix of Bonding Psychotherapy. From the origins to a comparison with two group analytical psychotherapies (Lorenzo Brocchini)

## 19.30 Cocktail reception

# day 2

Friday 13.9.2024

## 8.30 – 9.00

- Morning experience work

## CHAIR

**Skip Ellis & Godehard Stadtmüller**

## 9.00 – 10.00

- The Spectrum of Psychological Trauma (Robert Seiler, Jr)

## 10.00 – 11.00

- Traumatic path through life experiences and how to cultivate a joyful life after trauma (Enver Česko)

## 11.00 – 11.30 Break

**Classic coffee break or break for pre-frontal cortex and body**

## 11.30 – 12.30

- The Healing Nature of Structural Psychotherapy: The Overlooked Aspect of Trauma Work (Skip Ellis)

## 12.30 – 13.30 Lunch break

## CHAIR

**Lorenzo Brocchini & Tobias Wenge**

## 13.30 – 14.15

- The role of trauma psychotherapy in the holistic treatment of addiction (Bogdan Polajner)

## 14.15 – 14.45

- Effect of Bonding Psychotherapy on Stress and Interpersonal Relationship (Mateja Erce Paoli)

## 14.45 – 15.30

- Validation of BP efficacy through pre- and post-intervention evaluations in an Italian sample (Genuin, Erce Paoli, Sibley, Komatinsky, Moccia, Salcuni)

## 15.30 – 16.00 Break

**Classic coffee break or break for pre-frontal cortex and body**

## 16.00 – 16.30

- Emotional Group Psychotherapy as a Variant of Psychotherapy Bonding and Personal Well-Being in People with Moderate Intellectual Disability: An Experimental Study (Nuno Moura)

## 16.30 – 17.00

- Group attachment (Klaus von Ploetz)

## 17.00 – 17.30

- The Role of Spiritual Methods in the Bonding Psychotherapy Process (Jasmina Čufurović)

## EVENING Gala Dinner

# day 3

Saturday 14.9.2024

## 7.30 Memorial

### 8.30 – 9.00

- Morning experience work

## CHAIR

**Jeff Gordon & Laurette Harvey**

### 9.00 – 9.45

- The practice of bonding groups with traumatized participants (Martien Kooyman)

### 9.45 – 10.30

- We learn by sharing questions (Caroline Buys & Lieve Thienpont)

## 10.30 - 11.00 Break

**Classic coffee break or break for pre-frontal cortex and body**

### 11.00 – 11.45

- A Somatic-based Approach to Couples Therapy (Deborah Fox)

### 11.45 – 12.30

- "The slower you go, the faster you get there" (Jochen Zimmerman, Ute Schreckenber)

## 12.30 – 13.30 Lunch break

## CHAIR

**Lieve Thienpont & Silvio Quirico**

### 13.30 - 14.30

- How do we realize protection and safety for traumatized patients in Bonding Psychotherapy (Godehard Stadtmüller)

### 14.30 – 15.15

- Crisis intervention following a physical attack between students in middle school (Nastja Podgoršek)

### 15.00 – 15.30

- BP and emotional regulation in trauma (Lorenzo Brocchini)

## 15.30 – 16.00 Break

**Classic coffee break or break for pre-frontal cortex and body**

### 16.00 - 16.45

- Panel discussion

### 16.45 – 17.30

- Conclusion of conference (Komatinsky, Polajner, Podgoršek, Erce Paoli)



The ISBP is the official organization for  
Bonding Psychotherapy worldwide.

As a professional organization, the ISBP is dedicated  
to the promotion and development of Bonding Psychotherapy,  
and to its advancement in the areas of practice, theory,  
research and training.

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**CONTACT FOR MORE INFORMATION  
ABOUT ISBP CONFERENCE 2024**

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